



HIGHLIGHTS

BRYAN CLONTZ: CLE, CFP EVENT

On Tuesday, Oct. 25, the Community Foundation will welcome Bryan K. Clontz, founder and president of Charitable Solutions, for a three-hour seminar for professional advisors: "Advanced Charitable Brainteasers: A Case Study Approach." Advisors can learn more about the event and register to attend at cfsjc.org/clontz.

SERIES DRAWS OVER 2,000

It was another great year for the **Community Foundation Performing Arts Series**. Some 2,000 attendees joined us at the beautiful Chris Wilson Pavilion in Potawatomi Park over five Saturday evenings. Although the Symphony concert had to be moved into Adams High School due to rain, we're happy to say it sounded fabulous—both in the auditorium and live on WVPE-FM.

FOUNDATION GRANT SUPPORTS LA CASA'S LEGAL AID WORK

We're delighted to announce a major new grant to La Casa de Amistad. This three-year commitment will provide approximately \$50,000 each year to support the important work of La Casa's Immigrant Legal Services team, which serves immigrants of all nationalities, orientations, and religious backgrounds in need of affordable immigration services.



La Casa de Amistad



Karla Fales, president and CEO of REAL Services, and Angel Baginske, director of Alzheimer's and Dementia Services of Northern Indiana, show an example of a Care Connection "sensory kit." Containing items and prompts that can be used to stimulate interactions between caregivers and loved ones with dementia, the kits can be borrowed for use at Milton Village.

Care Connections Launches at Milton Village

Supported by \$1.1 million in Community Foundation grants, Care Connections offers resources to families dealing with dementia.

Close to 80% of people living with dementia are cared for at home—an experience which can be exhausting and isolating for caregivers. Recognizing this, REAL Services has provided support for caregivers for many years, including training, respite, and other services. Now, its new Care Connections program, located in the Hospice Foundation's Milton Village and operated through Alzheimer's & Dementia Services of Northern Indiana, is dramatically increasing its ability to "help the helpers."

Milton Village is a partnership with multiple layers. The building, which was constructed on the site of the old

Hospice House in Roseland, is owned by the Hospice Foundation. It houses both Milton Adult Day Services, which is a Center for Hospice service that provides care at an hourly rate for adults with functional and cognitive impairment, and Care Connections, which is a free-of-charge caregiver resource program of Alzheimer's and Dementia Services of Northern Indiana, powered by REAL Services.

"Dementia is just another chronic illness," says Angel Baginske. "People who suffer from it shouldn't be separated from everyone else."

Inspired by the Netherlands-based Hogeweyk Care Concept, Milton Village is deliberately designed to be inclusive.

"Dementia is just another chronic

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CARE CONNECTIONS continued from p. 1

illness,” says Angel Baginske, director of Alzheimer’s & Dementia Services of Northern Indiana, firmly. “People who suffer from it shouldn’t be separated from everyone else.”

To foster this sense of community, Baginske encourages caregivers and loved ones to enjoy Milton Village’s welcoming, broadly-themed spaces together—sharing lunch in its ‘50s-style cafe, watching a movie in the small theater, or shooting a game of pool in the pub-style common room. There are quiet, restful places to sit or talk throughout the building, with views of Juday Creek and Milton Village’s gardens and putting green.

There are opportunities to learn, too. Caregivers can take group classes, pursue self-directed online education, or browse through materials in the building’s library. Care Connections staff—by October, five team members will be located in the building, with office hours from 8:00 until 4:30—can help caregivers navigate benefits available through state and federal programs, as well as private insurance.

Or, if they’d prefer, caregivers can simply take a break. Karla Fales, president and CEO of REAL Services, says her favorite space is the “nap room,” a cozy, private room with two recliners. When Baginske meets

with caregivers, her first question is “What would make your day go more smoothly?” For some of the folks who are short on sleep, the answer can be as simple as a nap.

She often consults with caregivers who are in their 80s or 90s—frequently, a spouse who is caring for a partner with dementia.

“You always want to keep your spouse at home as long as possible,” she says, “but it’s incredibly difficult.”

Care Connections staff can help by finding creative ways to “de-stress” the caregiver. Baginske mentions a couple where the wife suffered from Lewy body dementia. She had a passionate, lifelong love of travel, and, despite her decline in health, kept insisting to her husband that it was time to leave on a trip. He worried that she might try to leave the house while he was sleeping, putting herself at risk. Baginske’s team helped the husband create an activity kit that gave his wife simple, travel-related activities to do at home—make a packing list, for example—that kept her busy and reduced his anxiety.

“We know when caregivers have access to the kinds of evidence-based programs that Care Connections offers, they’re able to keep their loved ones at home up to two years longer,”



ABOVE: Another partner in Milton Village is the History Museum. Here, History Museum registrar Catherine Page-Vanore unpacks a silver-plated creamer—part of a tea and coffee service given by the city of South Bend to the Philadelphia restaurant in 1972, honoring its long presence downtown. The Museum is curating a small “Lost Landmarks of South Bend” collection at Milton Village, including items from theaters, restaurants, department stores, and other local businesses.

says Fales. “This work is so valuable.”

If you’re interested in learning more about Care Connections at Milton Village and its services, call (574) 232-4121 to talk with a staff member.

Learn about the Community Foundation’s Senior Living grants, which support important programs like this one, at www.cfsjc.org/senior.



Miah Michaelsen, executive director of the IAC

Indiana Arts Commission Partnership

Did you know that the Community Foundation is one of the Indiana Arts Commission’s 12 Regional Arts Partners? The IAC is dedicated to advancing arts and culture throughout Indiana, and Regional Arts Partners help with that mission by promoting participation in the arts on a local level. In that capacity, we oversee the IAC’s annual grants application and award process for St. Joseph, Elkhart, Fulton, Marshall, Kosciusko, and Starke counties.

On Aug. 20, we hosted a reception to honor the 37 area organizations that received arts programming grants from the IAC for the upcoming fiscal year—over \$230,000 in total. Miah Michaelsen, executive director of the IAC, came from Indianapolis to show support and to enjoy the South Bend Symphony orchestra concert immediately afterward. The concert was part of the 2022 Community Foundation Performing Arts Series, which receives IAC grant support.



2022 and 2023 cohorts of the Community Foundation's 21st Century Scholar Success Fellowship program

New Cohort Joins 21st Century Scholar Success Fellowship

Now in its second year, the Success Fellowship is helping 21st Century Scholars succeed.

In 2021, the Community Foundation created a new program to support 21st Century Scholars: the 21st Century Scholar Success Fellowship.

Chosen through a competitive application process, 21st Century Success Fellows are students at local colleges and universities who are enrolled in Indiana's 21st Century Scholars program. In addition to their state-funded tuition award, each Fellow receives a \$5,000 award from the Community Foundation.

As Fellows, students participate in opportunities throughout the year that focus on personal leadership development, career preparation, and degree completion—a coaching session about financial literacy, for example, or a tutorial on creating a professional résumé. Fellows also share their experiences with middle

school and high school students through school visits, "Ask a Scholar" meet-and-greets, and 21st Century Scholar enrollment and completion events like Scholar Success Fest.

This year's cohort of Fellows consists of 11 students from IU South Bend, Holy Cross, Bethel, and Saint Mary's.

This year's cohort of Fellows consists of 11 students from IU South Bend, Holy Cross, Bethel, and Saint Mary's, studying majors that include nursing, business, social work, and criminal justice. All 20 Fellows participate side by side in the program, building relationships as they learn and grow. Through their success, they'll inspire younger 21st Century Scholars to pursue degrees—and their dreams.

Learn more about the 21st Century Scholar Success Initiative and Fellowship at www.cfsjc.org/21stcentury.

Imagination Library: More Than 450,000 Books Mailed

That's right—more than 450,000 brand-new, beautiful books have been mailed to preschoolers in St. Joseph County through the Imagination Library since we began this effort in 2018. Isn't it wonderful? More than half of the preschoolers in our county benefit from this remarkable early literacy program. Working with our community partners, we've been doing additional outreach to help register children so that they, too, can receive a free, new book by mail every month until they turn five.

With your help, we can inspire a love of learning from the very beginning for our county's youngest members—and that's a gift that will last a lifetime.

Will you help support the Imagination Library in St. Joseph County? Each gift of \$360 sponsors a child for a full year! Visit cfsjc.org/dpil.



Tatum loves reading with his Dad after work.



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Our Board Chairs: Fueling Our Success

One of the primary reasons for the Foundation's success over the past 30 years has been the talent and commitment of the individuals who have served on our Board. This June, **Marion Fulce** became our 17th Board Chair. Thank you to all of our former Board Chairs for your vision, leadership, and hard work!

- Greta Roemer Lewis
- Brad C. Beutter
- Jeffrey P. Costello
- Timothy D. Sexton
- Nancy N. King
- George Cressy, Jr.
- Myrtle Wilson
- Edwina Kintner
- James F. Keenan
- Richard B. Urda, Jr.
- Patrick L. O'Malley
- Donald G. Cressy
- Ernestine Raclin
- Chuck Roemer
- Thomas Cassady, Sr.
- George M. Haley, M.D.



Our 30th anniversary celebration, held in June in the ballrooms of the Community Learning Center

Celebrating 30 Years of Connecting People Who Care with Causes That Matter

It may be hard to believe, but the Community Foundation celebrates our 30th anniversary this year. Since we first opened our doors in 1991, we've grown to become one of the five biggest community foundations in Indiana.

We've returned over \$160 million in grants to our community, and we hold more than 100 organization endowments that provide annual support to local charities. We've helped thousands of students through our 80-plus scholarship funds, which distribute close to a million dollars each year.

More than 135 local individuals, families, and businesses have created donor-advised funds with us, supporting causes they care about. And our initiative work—Imagination Library, 21st Century Scholar Success Initiative, ArtsEverywhere, Early Years Count, Library Renovation, African American Community Fund, and more—makes our community a better place, now and always.

Thank you, St. Joseph County, for choosing us as your partner in local philanthropy. We can't wait to see what the next 30 years bring!